

ID	Study	Nation	Sample	NSSI	Sex [n (%)]	Age [m (sd)]	ED assessment instrument (method)	NSSI assessment instrument (method)	Care frame
1	Ahn et al., 2021	South Korea	326 79 AN-R 247 AN-BP	54 (16.56%) 23 (29.11%) AN-R 31 (12.55%) AN-BP	F:100%	23.12 (SD 6.09)	Semi-structured interviews (CI) EDI-2 (SR)	Semi-structured interviews (CI)	OUT
2	Arnold et al., 2023	Germany	298 242 AN-R 56 AN-BP	42 (14.09%) 20 (8.3%) AN-R 22 (38.3%) AN-BP	F:288 (96.6%) M:10 (3.4%)	Median 15.6	Retrospective chart review	Retrospective chart review	IN
3	Buelens et al., 2020	Belgium	87 AN-R	36 (41.37%) AN-R	F:100%	15.93 (SD 0.98)	EDE (SR) Psychiatric interview (CI)	SIQ-TR (SR)	IN
4	Carlson et al., 2018	Spain	43 24 AN-R 19 AN-BP	13 (30.23%) 6 (25%) AN-R 7 (36.84%) AN-BP	F:100%	AN-R: 21.00 (SD 3.15) AN-BP: 26.32 (SD 9.36)	SCID-I (CI) YFAS 2.0 (SR) EDI-2 (SR)	Single question to assess NSSI (CI)	*
5	Cella et al., 2022	Italy	46 AN	12 (26.10%) AN	F: 42 (91.3%) M: 4 (8.7%)	24.49 (SD 10.74)	SCID-5-CV (CI) EDI-3 (SR)	DSHI (SR) <i>Symptoms checklist for non-suicidal self-injury disorder (CI)</i>	*
6	Claes et al., 2021	Belgium	318 169 AN-R 149 AN-BP	160 (50.31%) 63 (37.3%) AN-R 97 (65.5%) AN-BP	F:100%	20.90 (SD 5.80)	EDES (SR)	SIQ-TR (SR)	IN
7	Davico et al., 2019	Italy	73 63 AN-R 10 AN-BP	32 (43.84%) 24 (38.10%) AN-R 8 (80%) AN-BP	F:100%	13.77 (SD 1.93)	Psychiatric evaluation conducted by specialists (CI)	Psychiatric evaluation conducted by specialists (CI)	IN OUT
8	Dzombak et al., 2020	USA	100 AN	30 (30%) AN	F: 90 (90%) M: 10 (10%)	14.28 (SD 1.74)	EDE (SR)	Retrospective medical records	IN
9	Giner-Bartolome et al., 2017	Spain	26 21 AN-R 5 AN-BP	4 (15.38%) 3 (14%) AN-R 1 (20%) AN-BP	F:100%	ED: 31.77 (SD 9.70) ED+NSSI: 26.83 (SD 8.78)	Clinical interview (CI) SCID-I (CI) EDI-2 (SR)	Clinical interview (CI) SCID-I (CI)	*
10	Gonçalves et al., 2015	Portugal	100 64 AN-R 36 AN-BP	35 (35%) 14 (21.9%) AN-R 21 (58.9%) AN-BP	F:100%	21.58 (SD 5.19)	EDE (SR)	Semi-structured clinical interview to assess NSSI (CI)	*
11	Mereu et al., 2022	Italy	100 66 AN-R 34 AN Atypical	19 (19%) 15 (22.73%) AN-R 4 (11.76%) AN Atypical	F: 89 (89%) M: 11 (11%)	Median 15.2	EDI-3 (SR) K-SADS-PL (CI)	C-SSRS (SR)	IN
12	Riva et al., 2022	Italy	253 208 AN-R 45 AN-BP	40 (15.81%) 24 (11.54%) AN-R 16 (35.56%) AN-BP	F:100%	No NSSI: 14.7 (SD 1.87) NSSI: 15.5 (SD 1.41)	Patient medical records EDI-3 (SR) SCL-90-R (SR) CGAS (SR)	Patient medical records	IN
13	Rodriguez-Lopez et al., 2021	Spain	36 AN	12 (33.33%) AN	F:100%	20.05 (SD 4.09)	Clinical interview (CI) BSQ (SR)	Clinical interview (CI)	IN
14	Smithuis et al., 2018	Netherlands	98 AN	61 (62.9%) AN	F:96 (98%) M: 2 (2%)	25.44 (SD 8.55)	EDE (SR) LIFE (CI)	SIQ-TR (SR)	IN OUT
15	Vieira et al., 2017	Portugal	96 AN-R	14 (14.58%) AN-R	F:100%	22.12 (SD 6.31)	<i>Oxford Risk Factor Interview for Eating Disorders (CI)</i>	*	OUT

*missing data

Abbreviations: **TOT:** total sample; **AN-R:** Anorexia Nervosa Restrictive Subtype; **AN-BP:** Anorexia Nervosa Binge-Purging Subtype; **AN:** Anorexia Nervosa; **F:** Female; **M:** Male; **SD:** Standard Deviation; **EDI-2:** Eating Disorders Inventory-2; **SR:** Self-Report; **CI:** Clinical interview; **YFAS 2.0:** Yale Food Addiction Scale 2.0; **EDE:** Eating Disorders Examination; **SIQ-TR:** Self-Injury Questionnaire-Treatment Related; **SCID-I:** The Structured Clinical Interview for DSM-IV Axis I Disorders; **SCID-5-CV:** Structured Clinical Interview for DSM-5 Disorders, Clinician Version; **EDES:** Eating Disorder Evaluation Scale; **EDI-3:** Eating Disorder Inventory, third edition; **SIQ:** Suicidal Ideation Questionnaire; **EDI:** Eating Disorders Inventory; **K-SADS-PL:** Schedule for Affective Disorders and Schizophrenia for School-Age Children/Present and Lifetime Version; **C-SSRS:** Columbia-suicide severity rating Scale; **SCID-5-CV:** Structured clinical interview for DSM-5 disorders Clinician version; **SCL-90-R:** Symptom Checklist 90-Revised; **CGAS:** Children's Global Assessment Scale; **LIFE:** Longitudinal Interval Follow-up Evaluation; **BSQ:** Body Shape Questionnaire; **DSHI:** Deliberate Self-Harm Inventory; **IN:** Inpatient; **OUT:** Outpatient

Table 2. Descriptive characteristics of the samples used in each study